

## DOUBLE SECTIONAL MEET

The following schedule is recommended to the Games Committee and Meet Manager for the successful conduct of Sectionals. Consultation with MSHSAA staff shall occur if any substantial deviation from the recommended schedule is to be considered.

### General Guidelines:

- **Boys shall compete first in Even Years**
- **Girls shall compete first in Odd Years**
- In double meets:
  - Odd Years ☐ Odd Class goes first
  - Even Years ☐ Even Class goes first
- Site may adjust times/events to track specifications
- A rolling schedule shall only be used in the case of inclement weather.

Implement Weigh-in @ 7:30 am at the track shed  
Coaches Meeting @ 8:15 am in the gym

**[Class 5]** = 1st Sectional

**[CLASS 4]** = 2<sup>nd</sup> Sectional

### Field Events

**Pole Vault will ROLL with a 30-minute warm-up between events.**

8:30 – 10:30 AM

Pole Vault (G) **[C5]**

11:00 AM – 1:00 PM

Pole Vault (G) **[C4]**

1:30 – 3:30 PM

Pole Vault (B) **[C5]**

4:00 – 6:00 PM

Pole Vault (B) **[C4]**

9:00 – 10:30 AM

High Jump (B) **[C4]**

Long Jump (G) **[C4]**

Triple Jump (B) **[C5]**

Shot Put (G) **[C5]**

Discus (B) **[C4]**

Javelin (G) **[C4]**

11:00 AM – 12:30 PM

High Jump (B) **[C5]**

Long Jump (G) **[C5]**

Triple Jump (B) **[C4]**

Shot Put (G) **[C4]**

Discus (B) **[C5]**

Javelin (G) **[C5]**

1:00 – 2:30 PM

High Jump (G) **[C4]**

Long Jump (B) **[C4]**

Triple Jump (G) **[C5]**

Shot Put (B) **[C4]**

Discus (G) **[C5]**

Javelin (B) **[C5]**

3:00 – 4:30 PM

High Jump (G) **[C5]**

Long Jump (B) **[C5]**

Triple Jump (G) **[C4]**

Shot Put (B) **[C5]**

Discus (G) **[C4]**

Javelin (B) **[C4]**

### Running Events ☐ Class 5 will run then Class 4

11:00 AM	Girls	4x800m Relay	
11:30	Boys	4x800m Relay	
12:00 PM	Girls	100m Hurdles	
12:10	Boys	110m Hurdles	
12:20	Girls	100m Dash	
12:30	Boys	100m Dash	
12:40	Girls	4x200m Relay	
12:50	Boys	4x200m Relay	
1:00	Girls	1600m Run	
1:20	Boys	1600m Run	
1:40	Girls	4x100m Relay	
1:50	Boys	4x100m Relay	
2:00	Girls	400m Dash	
2:10	Boys	400m Dash	
2:20	Girls	300m Hurdles	
2:30	Boys	300m Hurdles	
2:40	Girls	800m Run	
2:50	Boys	800m Run	
3:00	Girls	200m Dash	
3:10	Boys	200m Dash	
3:20	Girls	3200m Run	
3:50	Boys	3200m Run	
4:20	Girls	4x400m Relay	3-Turn Stagger
4:30	Boys	4x400m Relay	3-Turn Stagger